Active Life Acupuncture has been a valuable asset to my athletic pursuits. Whether my ailment is sports related or illness induced, the treatment I receive from Ms. Rasor improves my situation and my overall well-being. I have been at competitions when specific muscles in my back and neck cramped and threatened my athletic performance. I was treated by Active Life Acupuncture during my tournament week without any negative effects. My physical condition was immediately improved, my muscles relaxed, and my performance was enhanced. Active Life Acupuncture offers a non-abrasive method of therapeutic healing that is right for everyone, regardless of age or activity choice.

Jennifer Nichols

James Nichols

U.S. Olympic Archery Team Member